

Do not accept if seal is broken. Product No. 1500  
Store between 59°-86° F. Keep out of the reach of children.  
In a special vegetable cellulose "Rapid Release"® base for the quick release of nutrients.

B6 aids in the utilization of amino acids.\*\*

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product has been manufactured at an NSF GMP Registered facility.

05111L



American Vegetarian Association



Gluten-Free



Our manufacturing supports wind power  
renewablechoice.com



PLEASE RECYCLE

Lot No:

Best by:



# AMINO ACIDS

# GABA RELAXER

Free Form  
Amino Acid Supplement  
with Vitamin B6

Gluten-Free  
Dietary Supplement  
30 Tablets



Directions: Adults take two (2) tablets before bedtime. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 2 tablets

Servings Per Container 15

Amount Per Serving	% Daily Value	
Niacin (as niacinamide)	200 mg	1,000%
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1,000%
Taurine (free form)	600 mg	*
Inositol	600 mg	*
Glycine (free form)	400 mg	*
GABA ( <i>gamma</i> -aminobutyric acid)	200 mg	*

\* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica, natural flavor, vegetable glaze.

**WARNING:** Not for use by pregnant or nursing women. Do not operate heavy machinery or drive a motor vehicle after taking this supplement. If you are taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, salt, preservatives or artificial color.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge, NY 11788

CountryLifeVitamins.com