

ACTUAL  
SIZE

7 33739001375

CODE 0137

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Individuals with bipolar (manic) depression should not take SAMe unless under professional medical supervision.

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SAME (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAME can help to temporarily alleviate aches and pains resulting from overexertion or stress. Therefore, SAME is an all natural product that can be part of a nutritional program for pain management. In addition, because SAME is also necessary for the synthesis of neurotransmitters, it plays an important role in the regulation of mood. NOW® SAME is enteric-coated, which makes it very well tolerated and protects it from degradation.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 tablet 1 to 2 times daily, preferably on an empty stomach. Refrigeration recommended after opening.

ENTERIC  
COATED

## NERVOUS SYSTEM SUPPORT

200 mg

- With B-vitamin Cofactors
- Supports Emotional Well-Being
- Supports Joint Health\*

**30 Tablets**  
A Dietary Supplement  
Vegetarian Formula



## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
<b>SAME (S-Adenosyl-L-Methionine)</b>	<b>200 mg</b>	†

† Daily Value not established

Other ingredients: Cellulose, Croscarmellose Sodium, Methacrylic Acid, Magnesium Stearate (vegetable source), Silica, Triethyl Citrate, Stearic Acid (vegetable source), Citric Acid and Ascorbic Acid.

Distributed by NOW FOODS, 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA, [www.nowfoods.com](http://www.nowfoods.com)

Contains no sugar, salt, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Please Recycle.

Product of India.