

ACTUAL
SIZE

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CODE 0136

V3

Warning: Individuals with bipolar (manic) depression should not take SAMe unless under professional medical supervision.

protects it from degradation.*

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health. Numerous studies have indicated that SAMe can help to temporarily alleviate aches and pains resulting from overexertion or stress. Therefore, SAMe is an all natural product that can be part of a nutritional program for pain management. In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in the regulation of mood. NOW® SAMe is enteric-coated, which makes it very well tolerated and

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 2 to 4 times daily, preferably on an empty stomach. **Refrigeration recommended after opening.**

ENTERIC
COATED

SAMe

NERVOUS SYSTEM SUPPORT

100 mg

- Supports Emotional Well-Being
- Supports Joint Health*

60 Tablets

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine)	100 mg*
(from 200 mg of S-Adenosyl-L-Methionine Disulfate Tosylate)	

* Daily Value not established.

Other Ingredients: Cellulose, Croscarmellose Sodium, Methacrylic Acid, Magnesium Stearate (vegetable source), Silica, Triethyl Citrate, Stearic Acid (vegetable source), Citric Acid and Ascorbic Acid.

Distributed by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.**

Do Not Eat Freshness Packet. Keep in Bottle.

Product of India.

Please Recycle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.