ACTUAL SIZE

CODE 0101 V1

Store in a cool, dry place. Please Recycle.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: If you are currently taking antidepressant medications please consult a physician prior to use. May cause drowsiness.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule daily, preferably on an empty stomach at bedtime. Consider taking this product in combination with NOW® Valerian Root, Relora® and Pantothenic Acid.

NOW®

5-HTP

NEUROTRANSMITTER SUPPORT

50 mg

- Natural Source
- Supports Positive Mood*

180 Capsules

A Dietary Supplement

QUALITY GMP ASSURED

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
5-HTP (5-hydroxytryptophan) (*Griffonia simplicifolia*) (Seed)	50 mg*

* Daily Value not established.

Other Ingredients: Rice Flour and Gelatin (capsule).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).