

TABLET SIZE

Made in the USA



CODE 0102 V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

L-Lysine is an essential amino acid, which means that it cannot be manufactured by the body and must be obtained through the diet or by supplementation. Lysine is necessary for the production of all protein in the body including hormones, enzymes, and antibodies, as well as cartilage and collagen, which is the structural protein forming all connective tissue such as skin, tendon, and bone. L-Lysine also plays a major role in calcium absorption. Some evidence suggests that L-Lysine supplementation may help to support a healthy immune system as well as proper cardiovascular function.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 tablet 1 to 3 times daily, with or between meals. Consider taking these other NOW® products: L-Proline, Zinc and AllBiotic CF™.



# L-Lysine

**ESSENTIAL AMINO ACID**

**500 mg**

- Supports Healthy Connective Tissue
- Supports Calcium Absorption\*

**250 Tablets**

A Dietary Supplement  
Vegetarian/Vegan



## Supplement Facts

Serving Size 1 Tablet

**Amount Per Serving**

L-Lysine (from L-Lysine Hydrochloride) 500 mg\*

\* Daily Value not established.

Other ingredients: Cellulose, Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

For more product information visit [www.nowfoods.com/0102](http://www.nowfoods.com/0102)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® L-Lysine is a Pharmaceutical Grade essential amino acid.

**Do Not Eat Freshness Packet. Keep in Bottle.**

Store in a cool, dry place after opening. Please Recycle.