

Do not accept if seal is broken. Product No. 1230
Store between 59°-86° F. Keep out of the reach of children.
B6 aids in the utilization of Glycine.**

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot No:

Best by:

01G12L



AMINO ACIDS

GLYCINE

500 mg
Free Form Amino Acid
with Vitamin B6
Gluten-Free
Dietary Supplement
100 Tablets

Directions: Adults take one (1) tablet daily, or as directed by your health care provider. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Glycine (free form)	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, magnesium stearate, vegetable glaze.



This product has been manufactured at an NSF GMP Registered facility.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com