1-000-8989-00



Stinging Nettles

300 Capsules Item #: VS-1257 / 1042589

Product Label

Nettle is a leafy plant and perennial herb with a long history of use for a variety of health conditions, including hay fever and allergies, arthritis, skin conditions(rashes, burns) and bleeding. Also used traditionally as a diuretic and laxative-like substance.

Directions

As a dietary supplement, take one (1) to three (3) capsules daily, preferably with meals.

Warning

Consult your physician prior to use if you are pregnant or nursing. KEEP OUT OF REACH OF CHILDREN.

Does Not Contain:

Yeast, Corn, Wheat, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors Added.

Supplement Facts
Serving Size 1 CAPSULE
Servings Per Container 300

	Amount Per Serving	% Daily Value
Stinging Nettles (Urtica Dioica)(Leaf)	480 Mg	N/A*

^{*} Daily value not established Other Ingredients: Gelatin, water.