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ACTUAL SIZE

NOW® Branched Chain Amino Acids (BCAA's) are 3 essential amino acids which are abundant in muscles. The branched chain amino acids Leucine, Isoleucine and Valine are three of the eight essential amino acids that the human body must receive in food. These amino acids cannot be synthesized in the liver.

SUGGESTED USAGE: As a dietary supplement, take 4 capsules 1 to 2 times daily, on an empty stomach especially before and after exercise. Consider taking this product in combination with NOW® Whey Protein and Pro-GH™.



Branched Chain Amino Acids

Pharmaceutical Grade

240 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

Amount Per Serving	
L-Leucine (Free-Form)	1.6 g (1,600 mg)*
L-Isoleucine (Free-Form)	800 mg*
L-Valine (Free-Form)	800 mg*

* Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains milk derivative. Contains no salt, starch, yeast, wheat, gluten, soy, egg, shellfish or preservatives.

NOW® Branched Chain Amino Acids are Pharmaceutical Grade.

Store in a cool, dry place. Please Recycle.