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Super Omega 3 / Fish Oil

SuperOmega 3 supports cardiovascular health, healthy cholesterol levels and brain function.

- Super Omega 3 / Fish Oil - 30 Softgels
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1-000-9423-00

Directions: As a dietary supplement, take 1 softgel daily with a meal and 8 oz. of water.

Warm Weather Advisory: Products Containing Chocolate & Softgels

We do our best to ensure that you receive your items in good condition. However, we can't control the hot weather! Here are handling tips for products and food items during the summer months:

- Do not store items in your car.
- Store food, chocolate, or softgels products in a cool place or take them with you.
- Place items in a cooled environment for at least 2 hours before opening.
- Choose expedited shipping to your daytime location.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

Ingredient	Amount Per Serving	% Daily Value
Calories	13	
Calories from Fat	11	
Total Fat	1.2 g	2%
Saturated Fat	0.1 g	<1%
Polyunsaturated Fat	1.1 g	*
Monounsaturated Fat	0.2 g	*
Cholesterol	1 mg	<1%
Vitamin E (D-alpha tocopheryl)	2 IU	7%
Total Omega-3 Polyunsaturates	600 mg	*
EPA (eicosapentaenoic acid)	360 mg	*
DHA (docosahexaenoic acid)	240 mg	*

* % Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Water (Purified), Methacrylic acid, Copolymer, Triacetin FCC.

Contains No: Dairy, Crustacean shellfish, Tree nuts, Peanuts, Soy or Gluten. No Sugar, Salt, Starch, Yeast, Artificial flavors, Coloring or Preservatives added.

- May help prevent cardiovascular disease by reducing blood clots and inflammation, lowering triglycerides (fats in the blood) and assisting in prevention of arrhythmias (irregular heartbeats).
- May assist in maintaining brain function by preserving cognitive function, improving mood & as a treatment of certain mental disorders.
- May help relieve other inflammatory conditions such as rheumatoid arthritis, Crohn's disease and psoriasis.