

Carbo Gain

100% Complex Carbohydrate

NET WT. 12 lbs. (5.45 kg)

A Dietary Supplement
Vegetarian Product

Supplement Facts

Serving Size 1/2 Cup (50 g)
Servings Per Container 109

Amount Per Serving	% Daily Value
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Calories 190	
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Total Carbohydrate 47g	16%*
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Sugars 2g	+
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Carbo Powder 50g	+
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* Percent Daily Values are based on
a 2,000 calorie diet.

+ Daily Value not established.

INGREDIENT: 100% Pure Maltodextrin
from Corn.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA
www.nowfoods.com

Contains no salt, yeast, wheat,
gluten, soy, milk, egg, shellfish or
preservatives.

Vegetarian/Vegan Product.

This product is sold by weight not
volume.

* These statements have not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

SUGGESTED USAGE: Mix a 1/2
cup of Carbo Gain in each 16 oz.
of water or juice. Consume
before, during and after intense
exercise for best results. Double
this recipe if engaging in
prolonged exertion of 2 hours or
more.

NOW Carbo Gain is 100% pure
maltodextrin, an easily digestible
complex carbohydrate derived
from corn. Maltodextrin
contains glucose polymers,
linked sugar compounds that are
easier for the body to assimilate
and use.*

Glucose polymers are metabolized
at a slow, steady rate that can
help to sustain energy levels
during endurance-oriented
workouts and/or athletic events
and support weight gain. Carbo
Gain contains virtually no protein,
fat or fiber and is a convenient
source of energy for active
individuals.*



CODE 2019

Best by 5/4/10
Lot No.
11:19