

Ultra Plan® Ultimate-Plus® for Athletes (45 tabs)

1-000-9248-00

Ultra Plan® Ultimate-Plus® for Athletes (45 tabs)



As a dietary supplement, take 3 tablets daily with a meal.

Supplement Facts

Serving Size 3 tablets

Servings Per Container 15

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene).....	10,000 IU200%
Vitamin C (as ascorbic acid).....	250 mg417%
Vitamin D (as cholecalciferol).....	400 IU100%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU667%
Vitamin K (as phytonadione).....	25 mcg31%
Thiamin (as thiamin HCl).....	80 mg5333%
Riboflavin.....	80 mg4706%
Niacin (as niacinamide).....	80 mg400%
Vitamin B6 (as pyridoxine HCl).....	80 mg4000%
Folic acid.....	400 mcg100%
Vitamin B12 (as cyanocobalamin).....	80 mcg1333%
Biotin.....	300 mcg100%
Pantothenic acid (as d-calcium pantothenate)..	80 mg800%
Calcium (as calcium citrate).....	200 mg20%
Iron (as ferrous fumarate).....	15 mg83%
Phosphorus (as dicalcium phosphate).....	50 mg5%
Iodine (as potassium iodide).....	225 mcg150%
Magnesium (as magnesium oxide).....	100 mg25%
Zinc (as zinc sulfate).....	30 mg200%
Selenium (as selenomethionine).....	50 mcg71%
Copper (as copper gluconate).....	2 mg100%
Manganese (as manganese sulfate).....	10 mg500%
Chromium (as chromium picolinate).....	200 mcg167%
Potassium (as potassium chloride).....	53 mcg2%

Choline bitartrate.....	100 mg*
Korean Ginseng.....	100 mg*
Inositol.....	100 mg*
L-Glutamine.....	100 mg*
PABA.....	30 mg*
Citrus bioflavonoid complex.....	30 mg*
Rutin.....	30 mg*
Boron (as boron citrate).....	2 mg*
Lutein.....	300 mcg*
Vanadium (as vanadium amino acid chelate).....	10 mcg*
Coenzyme Q10.....	20 mcg*
Herbal Blend.....	40 mg*
Rose hips, parsley leaf, lecithin, damiana leaf, goldenseal root, hawthorn berry, milk thistle seed	

*Daily value not established.

Other ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Food Grade Coating.

This product contains ingredients derived from soy.