

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **31500**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A. B31500
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theanine

CALM CAPS

**Supports a Calm,
Relaxed Mood***
For Nervous System Health*

60 Rapid Release Capsules

DIETARY SUPPLEMENT

Directions: For adults, take two (2) capsules daily, preferably on an empty stomach.

Supplement Facts

Serving Size 2 Capsules		Servings Per Container 30
Amount Per Serving	%Daily Value	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B-2)	25 mg	1,471%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin (as d-Biotin)	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	25 mg	250%
L-Theanine	200 mg	**
Adaptogenic Blend	200 mg	**
Eleuthero (<i>Eleutherococcus senticosus</i>) (root), Chamomile (<i>Matricaria recutita</i>) (flower), L-Tyrosine, Passion Flower Extract 4:1 (<i>Passiflora incarnata</i>) (leaf), Rhodiola Extract (<i>Rhodiola rosea</i>) (root), Ashwagandha Extract (<i>Withania somnifera</i>) (root)		

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Silica, Vegetable Magnesium Stearate.