



1-000-9457-00

**Directions:** As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

| Supplement Facts                                                      |           |               |
|-----------------------------------------------------------------------|-----------|---------------|
| Serving Size 1 Capsule                                                |           |               |
| Amount Per Serving                                                    |           | % Daily Value |
| Vitamin A                                                             | 10,000 IU | 200           |
| (100% natural beta-carotene 5000 IU)<br>(vitamin A palmitate 5000 IU) |           |               |
| Vitamin C (L-ascorbic acid)                                           | 150 mg    | 250           |
| Vitamin D3 (cholecalciferol)                                          | 800 IU    | 200           |
| Vitamin E (d-alpha tocopheryl succinate)                              | 100 IU    | 333           |
| Vitamin B-1 (thiamin mononitrate)                                     | 25 mg     | 1667          |
| Vitamin B-2 (riboflavin)                                              | 25 mg     | 1471          |
| Vitamin B-3 (niacinamide)                                             | 25 mg     | 125           |
| Vitamin B-6 (pyridoxine HCl)                                          | 25 mg     | 1250          |
| Folate (folic acid)                                                   | 400 mcg   | 100           |
| Vitamin B-12 (cyanocobalamin)                                         | 100 mcg   | 1667          |
| Biotin                                                                | 300 mcg   | 100           |
| Pantothenic Acid (calcium D-pantothenate)                             | 25 mg     | 250           |
| Calcium (calcium citrate)                                             | 25 mg†    | 2.5           |
| Iodine (potassium iodide)                                             | 150 mcg†  | 100           |
| Magnesium (magnesium aspartate)                                       | 10 mg†    | 2.5           |
| Zinc (amino acid chelate)                                             | 15 mg†    | 100           |
| Selenium (amino acid complex)††                                       | 50 mcg†   | 71            |
| Copper (amino acid chelate)                                           | 2 mg†     | 100           |
| Manganese (amino acid chelate)                                        | 5 mg†     | 250           |
| Chromium (amino acid chelate)                                         | 150 mcg†  | 125           |
| Molybdenum (amino acid chelate)                                       | 150 mcg†  | 200           |
| Potassium (potassium aspartate)                                       | 5 mg†     | 1             |

|                                           |           |      |
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|                               |         |   |
|-------------------------------|---------|---|
| Choline Bitartrate            | 25 mg   | * |
| Inositol                      | 25 mg   | * |
| PABA (para-aminobenzoic acid) | 10 mg   | * |
| Lutein (marigold extract)     | 500 mcg | * |

\* Daily Value not established.

Other ingredients: 100% Kosher vegetable capsules, silica, vegetable magnesium stearate. †Elemental

**Contains: Soybeans**

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of yeast, gluten, barley, sodium and sugar.

Bluebonnet's KOF-K certification #K-0000700

Gold Medallion Design is a registered trademark of Albion Laboratories, Inc. ††Albion Advanced Nutrition Amino Acid Complex.

|                        |                                                                                                                      |
|------------------------|----------------------------------------------------------------------------------------------------------------------|
| SKU                    | 743715001466                                                                                                         |
| Quantity               | 60 Vcaps                                                                                                             |
| Serving Size           | 1 VCap                                                                                                               |
| Servings Per Container | 60                                                                                                                   |
| Dietary Needs          | Kosher                                                                                                               |
| Contains               | Soy Residues                                                                                                         |
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| Warnings               | Keep out of reach of children.                                                                                       |