

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin B-1 (thiamin mononitrate)	50 mg	3333
Vitamin B-2 (riboflavin)	50 mg	2941
Vitamin B-3 (niacinamide)	50 mg	250
Vitamin B-6 (pyridoxine HCl)	50 mg	2500
Folate (folic acid)	400 mcg	100
Vitamin B-12 (cyanocobalamin)	50 mcg	833
Biotin	50 mcg	17
Pantothenic Acid (calcium D-pantothenate)	50 mg	500
Choline Bitartrate	50 mg	*
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	25 mg	*

* Daily Value not established.

1-000-9165-00



Other ingredients: 100% Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet KOF-K Certification #K-0000700