

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll.

CONTAINS: Soybeans, Wheat.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.

No Artificial Colors, No Artificial Flavors, No Dairy.

n•zimes® n•zimes® and CereCalase® are trademarks of National Enzyme Company.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.



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LEARN MORE

ACTUAL SIZE

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1-888-462-2548

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GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



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GNC Ultra Mega® Green Women's Active offers a superior blend of greens, fruits, vegetables, antioxidants, and enzymes to help support good health and athletic performance. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply essential nutrients for physically active women.*

- Includes a muscle support & recovery blend with key amino acids beta-alanine and L-Glutamine to support proper muscle function.*
- Provides essential amino acids known as branched chain amino acids (BCAA). BCAA help to preserve muscle glycogen stores and reduce the amount of protein breakdown during intense exercise.*
- Contains a joint cushion blend that includes MSM, collagen and hyaluronic acid to support healthy joint cartilage.* Hyaluronic acid is an important structural component of body tissues, including the fluid surrounding the joints and collagen.*
- Features six wholesome fruit, vegetable and greens blends. These nutrient-rich blends supply cell-protecting antioxidants that also support immune health.*
- Provides 1,600 IU of vitamin D-3 to support breast health and strong bones.* Emerging research suggests that adequate daily vitamin D intake may also play a role in supporting colon and immune health.*

- Enhanced with n•zimes®, a proprietary blend of digestive enzymes, with proven bioactivity. n•zimes® are active in both the acidic environment of the stomach and the alkaline environment of the small intestine. Lab tests show that n•zimes® work throughout the digestive tract, contributing to a more complete digestion of nutrients.* This superior formula helps promote protein, carbohydrate and fat digestion.*

- Timed-release caplets provide a gradual release of vital nutrients.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ULTRA MEGA® GREEN WOMEN'S ACTIVE

Dietary Supplement

WHOLE FOOD ENHANCED MULTIVITAMIN

- 6 nutrient-rich, antioxidant superfood blends
- Energy & metabolism support during and after workouts*
- Enhanced joint cushioning blend
- 1,600 IU of vitamin D-3 for breast, bone and immune health*



60 Caplets

Women's

NEW

TIMED
RELEASE

CODE 139922

DIRECTIONS: As a dietary supplement, take two caplets daily.

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate)	5000 IU 100%	Greens Blend	200 mg *
Vitamin C (as Ascorbic Acid)	500 mg 833%	Barley Grass Juice Powder (<i>Hordium vulgare</i>), Alfalfa Juice Powder (<i>Medicago sativa</i>), Chlorella Powder (<i>Chlorella vulgaris</i>), Spirulina Powder (<i>Spirulina platensis</i>), Kelp Powder (<i>Ascophyllum nodosum</i>), Wheat Grass Juice Powder (<i>Triticum aestivum</i>)	
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Antioxidant Blend	97 mg *
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg 1667%	Green Tea Leaves Extract (<i>Camellia sinensis</i>), Pomegranate Fruit Extract (<i>Punica granatum</i>), Apple Fruit Skin Extract (<i>Malus domestica</i>), Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>), Rosemary Leaf Extract (<i>Rosmarinus officinalis</i>), White Tea Leaves Extract (<i>Camellia sinensis</i>)	
Riboflavin (Vitamin B-2)	25 mg 1471%	Flax Seed Hulls	50 mg *
Niacin (as Niacinamide)	25 mg 125%	Vegetable Blend	44 mg *
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg 1250%	Broccoli Juice Powder (<i>Brassica oleracea</i>), Carrot Root Juice Powder (<i>Daucus carota</i>), Spinach Juice Powder (<i>Spinacia oleracea</i>), Beet Root Juice Powder (<i>Beta vulgaris</i>), Broccoli Sprouts Powder (<i>Beta vulgaris</i>), Cauliflower Sprouts Powder (<i>Brassica oleracea</i>), Tomato Paste Powder (<i>Lycopersicon esculentum</i>)	
Folic Acid	400 mcg 100%	Fruit Blend	42 mg *
Vitamin B-12 (as Cyanocobalamin)	250 mcg 4167%	Whole Apple Powder (<i>Malus sylvestris</i>), Blueberry Puree Powder (<i>Vaccinium corymbosum</i>), Cherry Puree Powder (<i>Prunus cerasus</i>), Cranberry Juice Powder (<i>Vaccinium macrocarpon</i>)	
Biotin	50 mcg 17%	Digestive Enzyme Blend	550 mcg *
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg 250%	Amylase, Cellulase, Protease, Lipase	
Calcium (as Calcium Carbonate)	125 mg 13%	Liver Health	27 mg *
Iron (as Hydrolyzed Protein Chelate)	18 mg 100%	Arichoke Leaf Extract (<i>Cynara scolymus</i>), Milk Thistle Leaf Extract (<i>Silybum marianum</i>)	
Iodine (as Potassium Iodide & Kelp)	150 mcg 100%	n•Zimes® Proprietary Blend	48 mg *
Magnesium (as Magnesium Oxide)	25 mg 6%	Amylase, Protease 4.5, Lipase, Glucoamylase, Protease 3.0, Bromelain, Black Bean Powder (Phaseolus vulgaris)	
Zinc (as Zinc Oxide)	15 mg 100%	CereCalase® Proprietary Blend	2 mg *
Selenium (as L-Selenomethionine)	200 mcg 286%	Hemicellulase, beta-glucanase, Phytase	
Copper (as Copper Oxide & Hydrolyzed Protein Chelate)	2 mg 100%	Bean Blend	6 mg *
Manganese (as Hydrolyzed Protein Chelate)	2 mg 100%	Fermented Soybean Powder (<i>Glycine max</i>), Garbanzo Bean Powder (<i>Cicer arietinum</i>), Kidney Bean Powder (<i>Phaseolus vulgaris</i>), Black Bean Powder (<i>Phaseolus vulgaris</i>)	
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%	Joint Cushion Blend	50 mg *
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg 100%	MSM, Collagen, Hyaluronic Acid (as Sodium Hyaluronate)	
Chloride (as Potassium Chloride)	73 mg 2%	Muscle Support & Recovery Blend	50 mg *
Potassium (as Potassium Chloride)	80 mg 2%	BCAA (L-Leucine, L-Isoleucine, L-Valine), Panax Ginseng Root Extract, Ginkgo biloba Leaf Extract	
Choline Bitartrate	25 mg *		
Inositol	25 mg *		
Silica	1 mg *		
Boron (as Hydrolyzed Protein Chelate)	900 mcg *		
Lutein	950 mcg *		
Lycopene	950 mcg *		
N-Acetyl-L-Cysteine	15 mg *		
Zeaxanthin	190 mcg *		
para-Aminobenzoic Acid	50 mg *		
alpha-Lipoic Acid	10 mg *		
L-Glutathione	5 mg *		
Oat Bran Flour (<i>Avena sativa</i>)	5 mg *		

* Daily Value not established.