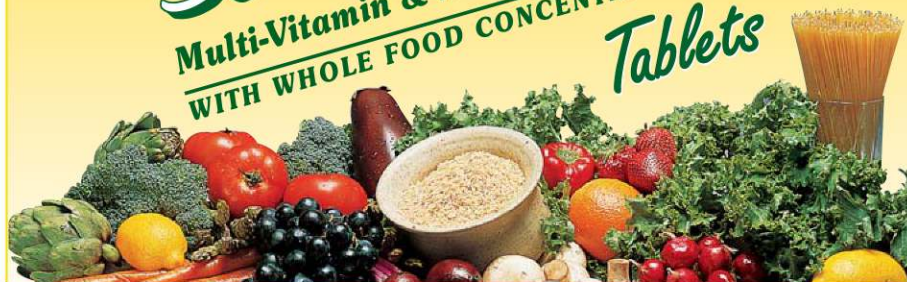


Nature's Plus®
The Energy Supplements®

Source of Life®
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES
Tablets

GLUTEN
Free



Vegetarian • Hypo-Allergenic • 90 Tablets

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	
Calories	20	Spirulina	1000 mg†
Total Carbohydrate	3 g	Bee Pollen (Spanish)	100 mg†
Dietary Fiber	1 g	Sunflower Oil (supplying linoleic acid	70 mg†
Protein	1 g	[54.1 mg], oleic acid [9.3 mg], palmitic	
Vitamin A (as beta carotene)	10,000 IU	acid [4.4 mg], stearic acid [2.2 mg])	
Vitamin C (as ascorbic acid)	1000 mg	Bioflavonoids (from <i>Citrus limon</i> exocarp)	60 mg†
Vitamin D3 (as cholecalciferol)	1000 IU	(active flavonols, flavonones,	
Vitamin E (as d-alpha	200 IU	flavones & naringin [26 mg])	
tocopheryl succinate)		Black Currant Seed Oil	50 mg†
Vitamin K2 (as menaquinone-4,	80 mcg	Ginseng Root (Korean)	50 mg†
menaquinone-7)		Bromelain (from pineapple fruit)	40 mg†
Thiamin (as thiamine HCl)	25 mg	(24 gelatin digesting units)	
Riboflavin (vitamin B2)	25 mg	Choline (as bitartrate)	30 mg†
Niacin (as niacinamide)	40 mg	Inositol	30 mg†
Vitamin B6 (as pyridoxine HCl)	25 mg	Quercetin (from <i>Sophora japonica</i>	30 mg†
Folate (as folic acid)	400 mcg	& <i>Dimorphandra mollis</i>)	
Vitamin B12 (as cyanocobalamin)	1000 mcg	Papain (from papaya fruit)	30 mg†
Biotin	100 mcg	Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Pantothenic Acid	60 mg	Betaine HCl (from beet molasses)	25 mg†
(as calcium pantothenate)		RNA (ribonucleic acid)	21 mg†
Calcium (as aminoate complex)	200 mg	Apple Pectin	20 mg†
Iron (as aminoate	18 mg	PABA (para-aminobenzoic acid)	15 mg†
complex, ascorbate)		Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
Iodine (from kelp)	150 mcg	Chlorophyll (from spirulina)	7.5 mg†
Magnesium (as aminoate complex)	100 mg	DNA (deoxyribonucleic acid)	6 mg†
Zinc (as aminoate	15 mg	Amylase (from brown rice fermentation)	5 mg†
complex, picolinate)		Lipase (from brown rice fermentation)	5 mg†
Selenium (as aminoate complex)	25 mcg	Carotenoids	4 mg†
Copper (as aminoate complex)	0.5 mg	Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg†
Manganese (as aminoate complex)	4 mg	Octacosanol	200 mcg†
Chromium (as aminoate complex)	20 mcg		
Molybdenum (as aminoate complex)	37.5 mcg		
Potassium (as aminoate complex)	50 mg		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, three tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
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Amityville, New York 11701, USA
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PRODUCT NO. 3057

LBL: 1131766



Other ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica, astragalus root, barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.