

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy, milk, rye, gluten and iodine.

DIRECTIONS: As a dietary supplement, two softgels once daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Div. of Natural Organics, Inc.
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PRODUCT NO. 3048



Hypo-Allergenic

Nature's Plus® The Energy Supplements®

Multi-Vitamin & Mineral Dietary Supplement

NUTRI-GENIC®

SOFTGELS

FOR SENSITIVE PEOPLE



90 Softgels



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving	%DV
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1% **
Vitamin A (as beta carotene)	10,000 IU	200%
Vitamin C (as calcium ascorbate)	500 mg	833%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acetate)	200 IU	667%
Thiamin (vitamin B-1) (as thiamine HCl)	50 mg	3333%
Riboflavin (vitamin B-2)	40 mg	2353%
Niacin (as niacinamide)	75 mg	375%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	75 mcg	1250%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	75 mg	750%
Calcium (as ascorbate)	50 mg	5%
Iron (as gluconate)	10 mg	56%
Magnesium (as gluconate, sulfate)	25 mg	6%
Zinc (as gluconate)	15 mg	100%
Manganese (as gluconate)	6 mg	300%
Potassium (as citrate)	10 mg	<1%
Inositol	75 mg	†
Choline (as bitartrate)	32 mg	†
Lemon Bioflavonoid Complex (from <i>Citrus spp.</i>)	25 mg	†
Betaine HCl (from beet molasses)	25 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	20 mg	†
PABA (para-aminobenzoic acid)	15 mg	†
Papain (from <i>Carica papaya</i> fruit)	10 mg	†
Hesperidin (from <i>Sophora japonica</i> leaf)	5 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Safflower oil, lecithin (from canola), gelatin, glycerin, rice bran and purified water.