

Nature's Plus®

The Energy Supplements®

Multi-Nutrient with Whole Foods

ULTRA II

Softgel Capsules

Dietary Supplement

90 Softgels



Nutritional Support for Natural Energy Production and Overall Well-Being.*

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	<1% **
Protein	1 g	
Vitamin A (as beta carotene)	25,000 IU	500%
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D (as ergocalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU	333%
Thiamin (vitamin B-1) (as thiamine HCl)	100 mg	6667%
Riboflavin (vitamin B-2)	100 mg	5882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Calcium (as amino acid chelate, gluconate)	40 mg	4%
Iron (as amino acid chelate, gluconate)	25 mg	139%
Iodine (from kelp)	150 mcg	100%
Magnesium (as amino acid chelate, gluconate)	20 mg	5%
Zinc (as amino acid chelate, gluconate)	20 mg	133%
Selenium (as amino acid complex)	10 mcg	14%
Manganese (as amino acid chelate, gluconate)	6.1 mg	305%
Chromium (as amino acid chelate)	15 mcg	13%
Potassium (as amino acid complex, gluconate)	15 mg	<1%
PABA (para-aminobenzoic acid)	100 mg	†
Inositol	100 mg	†
Choline (as bitartrate)	42 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp)	25 mg	†
Betaine HCl (from beet molasses)	25 mg	†
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Gelatin, carob, glycerin, purified water, soy oil, rice bran, papaya fruit, watercress, parsley leaf, Pacific kelp, alfalfa sprout, green cabbage leaf, rice polishings, acerola cherry (*Malpighia glabra* fruit), wheat germ flour, bromelain (from pineapple fruit), chlorella, date (*Phoenix dactylifera* fruit), barley grass, spirulina, black currant seed, bee pollen, rose hips (*Rosa canina* fruit), garlic bulb, oat leaf and stem, apple pectin, broccoli floret, spinach leaf, carrot root, Chinese cabbage (*Brassica campestris* leaf), brown rice, sunflower oil, fig (*Ficus carica* fruit), beet (*Beta vulgaris* leaf) and lecithin.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, three softgels once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ for NATURE'S PLUS
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PRODUCT NO. 3038



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