

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL
RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD
OF TIME.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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PRODUCT NO. 3024



Vegetarian Yeast Free

Nature's Plus®
The Energy Supplements®

SUSTAINED RELEASE
Multi-Nutrient Formula

Iron-Free
ULTRA I®

JUST ONE TABLET DAILY

Dietary Supplement

60 Tablets



MICRO-GEL SUSTAINED RELEASE SYSTEM

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	25,000 IU . . .	500%
Vitamin C (as ascorbic acid)	100 mg . . .	167%
Vitamin D (as ergocalciferol)	1000 IU . . .	250%
Vitamin E (as d-alpha tocopheryl succinate) . . .	100 IU . . .	333%
Thiamin (vitamin B-1) (as thiamine HCl)	100 mg . . .	6667%
Riboflavin (vitamin B-2)	100 mg . . .	5882%
Niacin (as niacinamide)	100 mg . . .	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg . . .	5000%
Folate (as folic acid)	400 mcg . . .	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg . . .	1667%
Biotin	100 mcg . . .	33%
Pantothenic Acid (as calcium pantothenate) . .	100 mg . . .	1000%
Calcium (as amino acid chelate/complex) . . .	40 mg . . .	4%
Iodine (from kelp)	150 mcg . . .	100%
Magnesium (as amino acid chelate/complex) .	20 mg . . .	5%
Zinc (as amino acid chelate/complex)	20 mg . . .	133%
Selenium (as amino acid complex)	10 mcg . . .	14%
Manganese (as amino acid chelate/complex) . .	6.1 mg . . .	305%
Chromium (as amino acid chelate)	15 mcg . . .	13%
Potassium (as amino acid complex)	15 mg . . .	<1%
PABA (para-aminobenzoic acid)	100 mg	†
Inositol	100 mg	†
Choline (as bitartrate)	42 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp) . . .	25 mg	†
Betaine HCl (from beet molasses)	25 mg	†
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg	†

†Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, di-calcium phosphate, calcium carbonate, isolated soy protein, rice bran, silica, papaya, watercress, parsley, alfalfa, green cabbage, acerola cherry, wheat germ flour, bromelain (from pineapple fruit), rose hips and pharmaceutical glaze.