

ACTUAL SIZE



CODE 0042 

Warning: This supplement should be avoided by persons with glaucoma or herpes simplex unless otherwise prescribed by a physician. Do not use if you have had a myocardial infarction or have established coronary artery disease.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

ular with athletes and other active individuals.

Arginine and Ornithine combines two essential amino acids into one optimal supplement. Arginine is necessary for urea metabolism, a process that prepares toxic ammonia for safe excretion by the kidneys. Ornithine is synthesized from Arginine and is a precursor of citrulline, proline and glutamic acid.* Both of these amino acids are popular with athletes and other active individuals.

SUGGESTED USAGE: As a dietary supplement, take 2 capsules 2 to 3 times daily as needed, preferably with juice or water on an empty stomach, before exercise or at bedtime.



Arginine & Ornithine

500/250

250 Capsules



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 125

Amount Per Serving	
L-Arginine (Free-Form)	1.0 g (1,000 mg)*
L-Ornithine (from L-Ornithine HCl)	500 mg*

* Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

www.nowfoods.com

A Dietary Supplement