



Amino-9 Essentials™ Powder

Complete "Free-Form" Blend
of all 9 Essential Amino Acids

Net Wt. 330 g (11.64 oz)

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, mix 2 1/4 level teaspoons with 8 fl. oz. of juice or your favorite beverage 1 to 3 times daily. Competitive athletes and individuals engaged in resistance training may take 2 servings 3 times daily. Taking with juice or other beverage is recommended due to bitter taste of free-form amino acids. Consider taking this product in combination with NOW® L-Carnitine, D-Ribose and Creatine.

Amino acids are the subunits that make up proteins. They are necessary for the function of all cells, for tissue repair, and for the production of enzymes and neurotransmitters. The body uses 20 amino acids to construct proteins, but nine "essential amino acids" cannot be made by the human body and must be supplied by the diet in order to achieve proper protein synthesis and maintain overall health. People with limited diets or poor digestion may not get enough essential amino acids from their diet. In contrast to proteins or peptide-bound amino acids, NOW® Amino-9 Essentials™ contains all 9 essential amino acids in their superior free-form state and in the proportions recommended by the National Academy of Sciences to optimize protein synthesis and tissue repair for adults age 19 and over.*

Caution: Keep out of reach of children. Pregnant/lactating women, those taking anti-depressant medications (such as SSRI's or MAOI's), or those with liver disorders, high blood pressure or phenylketonuria (PKU) should consult a health care practitioner before using this product.

Supplement Facts

Serving Size: 2 1/4 Level Teaspoons (5.5 g)
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	20	
L-Leucine	981 mg	†
L-Lysine (from L-Lysine Monohydrochloride)	888 mg	†
L-Phenylalanine	771 mg	†
L-Valine	561 mg	†
L-Threonine	468 mg	†
L-Isoleucine	444 mg	†
L-Methionine	443 mg	†
L-Histidine (from L-Histidine Monohydrochloride)	328 mg	†
L-Tryptophan	117 mg	†

† Daily Value not established.

Other ingredients: None.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Contains no salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Caution: Do Not Eat Freshness Packet Enclosed.

This product is sold by weight not volume.

Store in a cool, dry place. Please Recycle.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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