ULTRA-CONCENTRATED ANABOLIC AMINO ACID FORMULA

NEW POWERFUL FORMULA

MONSTER AMINO is an ultra-concentrated BCAA formula that delivers an 8:1:1 ratio of Leucine to Isoleucine to Valine. Recent university research shows that Leucine enriched beverages consumed with exercise synergistically activate and prolong activity of the mTOR signaling pathway, which increases muscle anabolic potential (muscle growth). 12.3 The mTOR pathway is the "trigger" that signals the very genesis of muscle protein synthesis.**



NEW ADVANCED FORMULA

MONSTER AMINO is able to achieve the anabolic 8:1:1 BCAA ratio by combining PepForm™ Leucine Peptides, and free-form L-Leucine, L-Isoleucine and L-Valine for maximum muscle-building performance.

DIRECTIONS and USE As a dietary supplement, mix 1 level scoop (12.5g) of MONSTER 10 fl-oz of water. Consume 1 serving immediately post-workout. MONSTER AMINO can also be consumed before

nitrogen balance. CytoSport products

LEUCINE PEPTIDES FOR ENHANCED PepForm LEUCINE BIOAVAILABILITY TO FRIGGER MOOR PATHWAY MUSCLE PROTEIN SYNTHESIS**

AN ESSENTIAL CO-FACTOR THAT HELPS DRIVE METABOLIC REACTIONS NECESSARY FOR BCAA UTILIZATION AT THE CELLULAR LEVEL**

NEW POWERFUL FORMULA

CITRULLIN MALATE

FOR ENHANCED NITRIC OXIDE SYNTHESIS AND NUTRIENT DELIVERY**

ESSENTIAL AND NON-ESSENTIAL AMINO ACIDS

3) Koopman et al. Am J Physiol Endocrinol Metab 288:E645-53 (2005)

TASTE SATISFACTION GUARANTEED FRUIT PUNCH

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POWERFUL

DIETARY SUPPLEMENT

NET WT 13.2 OZ (375g)



ULTRA-CONCENTRATED ANABOLIC AMINO ACID FORMULA

BUILDING ATHLETES FROM THE INSIDE OUT!*

DURING POST



Supplement Facts

Serving Size 12.5g (1 scoop) Servings Per Container approx 30

Amount Per Serving % DV*		Amount Per Serving		% DV*	
Calories	10		Typical Amino Acid Profile		
Calories from Fat	0		L-Alanine	102mg	**
Total Fat	0g	0%	L-Arginine	28mg	**
Saturated Fat	0g	0%	L-Aspartic Acid	249mg	**
Trans Fat	0g	**	L-Cystine	45mg	**
Total Carbohydrate	1g	0%	L-Glutamine and Precursors	396mg	**
Dietary Fiber	0g	0%	L-Glycine	31mg	**
Sugars	0g	**	L-Histidine	31mg	**
Protein	3g	6%	L-Isoleucine	633mg	**
Vitamin B6 (as pyridoxal-5-phosphate) 5mg	250%	L-Leucine	5,127mg	**
Sodium	70mg	3%	L-Lysine	182mg	**
Potassium	80mg	2%	L-Methionine	38mg	**
			L-Phenylalanine	59mg	**
Monster Amino Matrix	9g		L-Proline	123mg	**
Leucine Peptides (PepForm™)	3,500mg	**	L-Serine	95mg	**
L-Leucine	3,500mg	**	L-Threonine	147mg	**
L-Isoleucine	500mg	**	L-Tryptophan	42mg	**
L-Valine	500mg	**	L-Tyrosine	56mg	**
Citrulline Malate	1.000mg	**	L-Valine	616ma	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Percent Daily Value not established **These statements have not been evaluated by the Food and Drug Administration. This product is not

OTHER INGREDIENTS CITRIC ACID. NATURAL AND ARTIFICIAL FLA-VOR, MALIC ACID, BEET POWDER (ADDED FOR COLOR), ACESUL-FAME POTASSIUM, SUCRALOSE, SOY LECITHIN.

NEW POWERFUL FORMULA / NE

ALLERGEN STATEMENT THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY.

*Our products are manufactured in pliance with NSF International MP for Sport™ Registration, includin ni-annual audits, verifying that no NS 306-Certification Guideline Annex A List

For Information on CytoSport Quality Products or to report adverse effects Call 1-888-298-6629 or emai

productquestions@cytosport.com Manufactured by CytoSport, Benicia, CA 94510 www.cytosport.com ©2011 CytoSport, Inc.

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intended to treat, cure, prevent or diagnose any disease

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