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Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222

ACTUAL SIZE





Promotes Rest and Relaxation* Whole Herb . 500 mg

100 TABLETS

CODE 188111

KMG Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving

Valerian Root Powder (Valeriana officinalis) 500 mg*

* Daily Value not established.

Other Ingredients: Cellulose, Dicalcium Phosphate, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Potency verified by TLC. Conforms to USP <2091> for weight. Meets USP <2040> disintegration. No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Wheat,

No Gluten, No Corn, No Soy, No Dairy, Yeast Free. "This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.