

H-E-B

OMEGA-3 FISH OIL CONCENTRATE

**1000 mg
per softgel****600 mg Omega-3 Fatty Acids
per serving**

Dietary Supplement

120 Softgels**Suggested Use:** As a dietary supplement for adults, take one or two softgels daily with the meal of your choice.**Supplement Facts**Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 20		Protein < 1 g	1%*
Calories from Fat 20		Fish Oil Concentrate 2 g	†
Total Fat 2 g	3%*	Omega-3 fatty acids 600 mg	
Saturated Fat 0.5 g	3%*	EPA (eicosapentaenoic acid) 360 mg	
Polyunsaturated Fat 1 g	†	DHA (docosahexaenoic acid) 240 mg	
Monounsaturated Fat 0.5 g	†		
Cholesterol 10 mg	3%*		

INGREDIENTS: Fish Oil Concentrate, Gelatin, Glycerin.
CONTAINS: SARDINES, ANCHOVIES, SPRAT, CLUPEA, SALMON, SOY

If you are pregnant or nursing a baby, ask a doctor before using this product.

*Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. (see nutrition information for fat content)***DISTRIBUTED BY: H-E-B, SAN ANTONIO, TX 78204**
0506

If you are taking medication, facing surgery or have bleeding problems, consult your physician before taking this product.

Keep out of reach of children.

Store at room temperature (59°-86°F).

**ACTUAL
SIZE****GUARANTEE**

We believe the high quality of this H-E-B product makes it an outstanding value. We hope you'll agree. If not, we'll cheerfully refund your money.

Freshness and potency guaranteed through:

**CODE
AREA**

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