



Inositol Capsules

500 mg

100 Capsules

A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take one capsule 1 to 3 times daily.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A.

Visit us at www.nowfoods.com

CODE 0475 



ACTUAL SIZE

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Inositol

500 mg

* Daily Value not established.

This seal certifies that the manufacturer of this product uses quality systems and procedures that comply with NFPA's Dietary Supplement GMP standards. The quality of individual ingredients, however, has not been certified.

Other ingredients: White Rice Flour, Gelatin (capsule) and Magnesium Stearate.
Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, or preservatives.