

CODE 0462

7 33739 00462 8



Caution: Please discard the inedible freshness packet enclosed.

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Look for this and other fine NOW® products at health food stores nationwide.

Chewable B-12 is an essential nutrient that cannot be synthesized by animals or plants, only by microorganisms. Most of B-12's benefits are related to its coenzyme activity, such as enzymes needed for the production of DNA during cell division. It is also necessary for the metabolism of homocysteine, a harmful by-product of protein metabolism. Folic Acid is included as a synergist and is also necessary for the safe conversion of homocysteine to L-cysteine.

Look for this and other fine NOW® products at health food stores nationwide.



Chewable B-12

5000 mcg
With 400 mcg
Folic Acid
60 Lozenges



100% Vegetarian Formula

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	%Daily Value
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	5mg (5000mcg)	93,333%

Other Ingredients: Cellulose, Mannitol, Fructose, Sorbitol, Croscarmellose Sodium, Magnesium Stearate (vegetable source), Cherry Flavor and Lecithin.

The B-12 content is derived by natural fermentation.

Contains no yeast, wheat, gluten, corn, soy, milk, egg or animal products.

Vegetarian Formula

Manufactured by NOW Foods, BLOOMINGTON, IL 61710
Visit us at www.nowfoods.com