

ACTUAL SIZE

7 33739 06425 7

Visit us at www.nowfoods.com

Made in the U.S.A.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 600108

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Apple Pectin is a source of water soluble fiber which has a gel-forming effect when mixed with water. As a dietary fiber, Apple Pectin may be helpful in supporting good intestinal health.

SUGGESTED USAGE: As a dietary supplement, take 2 capsules 1 to 3 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks.

Apple Pectin

750 mg

120 Capsules

A Dietary Supplement



This seal certifies that the manufacturing of this product meets the product quality standards and procedures that comply with NMF's Dietary Supplement GMP standards. This quality of ingredients, however, has not been certified.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g**	< 1%*
Dietary Fiber	1 g	4%*
Apple Pectin Powder	1.5 g (1,500 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin (capsule) and Stearic Acid.

**Because fiber is indigestible, it has no caloric effect.

Contains: no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

CAUTION: PLEASE DISCARD THE INEDIBLE FRESHNESS PACKET ENCLOSED.