

Prolab® Beta Alanine Extreme™ fuels your body's ability to increase muscle carnosine synthesis by 42%! What is carnosine? Carnosine is composed of beta alanine and L-histidine and your body simply cannot synthesize carnosine without beta alanine. Carnosine is found in large amounts in Type II or "fast twitch" muscle fibers, which are used in explosive movements like weight training and sprinting. Carnosine helps activate enzymes responsible for generating muscle contractions. Supplementing with beta alanine has shown to significantly delay muscle fatigue to help you squeeze out the last growth stimulating reps.†

Prolab Beta Alanine Extreme not only includes both CarnoSyn® beta alanine and L-histidine but is also very specifically dose calibrated in divided doses for improved tolerance with maximum retention. **Beta Alanine Extreme** - backed by science, formulated for results.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL DRY PLACE.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 20270.7 F: 3001876 L: 2004270-7289

LOT/EXP:



Beta Alanine Extreme™

Significantly Increase Muscle Carnosine†
Delay Muscle Fatigue†
Contains Beta Alanine and Histidine



DIETARY SUPPLEMENT

240 CAPSULES

Directions: Take 2 capsules, four times daily, with a meal.

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 120

Amount	Per Serving (2 Capsules)	Per Day (8 Capsules)
CarnoSyn® Beta Alanine	800 mg*	3,200 mg*
L-Histidine	75 mg*	300 mg*

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Silica, Magnesium Stearate, Water.

Manufactured by
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NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives



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USA Patents: 5,965,596; 6,172,098B1; 6,426,361B2