

TO BUILD MONSTER MUSCLE YOU NEED **MONSTER MAIZE!**

MONSTER MAIZE™ is designed to be the most powerful glycogen-replenishing, muscle-hydrating carbohydrate drink available. Unlike other products with waxy maize starch, Monster Maize mixes easily in a shaker and has phenomenal taste. Monster Maize is the ultimate carbohydrate system that rapidly provides massive amounts of glucose energy to fuel monster results.*

40G COMPLEX CARBS

Monster Maize complex carbohydrates deliver a unique blend of amylopectin (waxy maize starch) and long chain glucose polymers (maltodextrin). These carbohydrates are rapidly broken down into muscle fueling glucose. This valuable fuel helps spare muscle glycogen allowing for its use in post-workout recovery.*

WHY 40 GRAMS?

When Monster Maize is mixed as directed (1 scoop/16 fl-oz) the 40 grams of carbohydrates are in the optimal concentration, 6%-8% solution. This concentration of carbohydrates in water is widely recognized to have the best osmolality allowing for rapid uptake and delivery to working muscles.*

ENHANCE NUTRIENT DELIVERY

Monster Maize carbohydrates can help accelerate the delivery of other performance supplements. The high molecular weights of these specialty carbohydrates help them reach the intestines rapidly. This rapid transit allows for added supplements like creatine, BCAA's and NO (Nitric Oxide) factors reach the intestines sooner.*

ULTRA-DIGESTIBLE

Monster Maize contains 100mg of Carbogen® to accelerate digestion and breakdown of Monster Maize Complex Carbohydrates. Rapid digestion increases blood glucose levels. Increased blood glucose provides muscles with their preferred fuel source which helps protect and preserve valuable muscle glycogen.*

**THIS STUFF REALLY IS MONSTER.
DO NOT USE WITH CAUTION.
BE A MONSTER.**



Carbogen is a registered trademark of Triarco Industries

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NEW!
FROM THE MAKERS OF
MUSCLE MILK®

**RAPID
NUTRIENT
DELIVERY**

**HYDRATE
MUSCLE
TISSUES**

MONSTER MAIZE™

NATURE'S ULTIMATE COMPLEX CARB FORMULA

**40g COMPLEX
CARBS** Per Serving

BLUE RASPBERRY

Naturally and Artificially Flavored

NET. WT. 2.98 lbs. (1350g) DIETARY SUPPLEMENT



**SUSTAINED
INSULIN
RESPONSE**

**INCREASE
BLOOD
GLUCOSE
CARBOGEN®**

Supplement Facts	
Serving Size 1 scoop (45g)	
Servings Per Container 30	
Amount Per Serving	%DV
Calories 160	
Total Carbohydrates 40g	13%
Sugars <1g	**
Sodium 170mg	7%
Potassium 290mg	8%
Carbogen® 100mg	**
(Complex carbohydrate digestive enzymes)	
* Percent Daily Values are based on a 2,000 calorie diet.	
** Daily Value not established	

INGREDIENTS

MONSTER MAIZE UNIQUE COMPLEX CARBOHYDRATE BLEND INCLUDING AMYLOPECTIN WAXY MAIZE STARCH AND MALTODEXTRIN, GLYCERIN, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, MALIC ACID, SODIUM BICARBONATE, POTASSIUM BICARBONATE, ACESULFAME POTASSIUM, FRUIT AND VEGETABLE EXTRACT (ADDED FOR COLOR), SUCRALOSE.

This product is manufactured in a facility that processes milk, soy, wheat and eggs.

DIRECTIONS

MIX 1 SCOOP (45g) MONSTER MAIZE INTO 16 FL-OZ WATER.

MADE IN USA



For information on Cytosport quality products, Call 1-888-CYTOMAX (298-6629) Cytosport, Benicia, CA 94510 www.cytosport.com

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MONSTERIZE YOUR WORKOUTS!

MONSTER PRODUCTS ARE FOR THE DEDICATED ATHLETE DETERMINED TO BECOME A FREAK OF NATURE! IF YOU WANT TO REACH THE NEXT LEVEL IN TRAINING AND SIZE, THEN YOU NEED MONSTER NUTRITION AND MONSTER DETERMINATION. USE THIS RECOMMENDED MONSTERIZE STACK TO MAXIMIZE YOUR GAINS. DO NOT USE WITH CAUTION. BE A MONSTER.

**1½-2 HOURS PRE-WORKOUT
MONSTER MILK**

Drink **MONSTER MILK** 1½-2 hours pre-workout for sustained energy to carry you through intense workouts.*

**15 MINUTES PRE-WORKOUT
MONSTER PUMP**

Drink **MONSTER PUMP** 15 minutes prior to your workout for sustained energy, muscle-expanding pumps, increased mental focus.*

**DURING WORKOUT
MONSTER MAIZE**

Drink **MONSTER MAIZE** during your workout to maintain high muscle glucose concentrations for muscle hydration, sustained energy and power.*

**IMMEDIATELY POST-WORKOUT
MONSTER AMINO**

Drink **MONSTER AMINO** immediately post-workout for amino acid rich blood flow into hungry muscles.*

**30 MIN-1½ HOURS POST-WORKOUT
MONSTER MILK**

Drink **MONSTER MILK** 30 minutes-1½ hours post-workout to create a positive nitrogen balance. **MONSTER MILK** provides your body with 50g protein, creatine, peptides and free-form amino acids to maximize workout gains and speed recovery.*



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