

CODE 3787

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SUGGESTED USAGE: As an herbal dietary supplement, take 2 **Vcaps**™ twice daily with meals. Caution: Please discard the inedible freshness packet enclosed.



Iron-Free EcoGreen Multi

Fortified with Green Superfood Concentrates

90 **Vcaps**™

An Herbal Dietary Supplement



Supplement Facts

Serving Size 2 **Vcaps**™

Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin A (as Natural Beta-Carotene from <i>D. salina</i> algae, Betatene®)	12,500 IU	250%
Vitamin C (as Calcium Ascorbate)	250 mg	415%
Vitamin D (as Cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha Succinate)	100 IU	335%
Vitamin K (from Green Foods)	35 mcg	45%
Thiamin (as Thiamine HCl) (Vitamin B-1)	25 mg	1665%
Riboflavin (Vitamin B-2)	25 mg	1470%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1665%
Biotin	50 mcg	15%
Pantothenic Acid (as Calcium Pantothenate)	25 mg	250%
Calcium (from Ascorbate, Citrate, Carbonate)	50 mg	5%
Iodine (from Kelp)	75 mcg	50%
Magnesium (from Citrate, Oxide)	50 mg	10%
Zinc (from Zinc Picolinate)	7.5 mg	50%
Selenium (as L-Selenomethionine)	25 mcg	35%
Copper (from Amino Acid Chelate)	250 mcg	13%
Manganese (from Amino Acid Chelate)	2.5 mg	125%
Chromium (from Chromium Picolinate)	50 mcg	40%
Molybdenum (from Amino Acid Chelate)	25 mcg	35%
Potassium (from Potassium Chloride)	12.5 mg	<1%

Amount Per Serving

Boron (from Amino Acid Chelate)	0.5 mg*
Vanadium (from Amino Acid Chelate)	25 mcg*
Spirulina (U.S. Grown)	125 mg*
Barley Grass (Organically Grown)	125 mg*
Chlorella (Broken Cell Wall)	50 mg*
Wheat Grass (Organically Grown)	50 mg*
Alfalfa Juice Concentrate (leaf)	50 mg*
Green Tea Extract (40% Catechins) (leaf)	25 mg*
Choline (from Choline Bitartrate)	25 mg*
Inositol	25 mg*
PABA	15 mg*
Trace Mineral Concentrate	50 mg*
Panax Ginseng (5% Ginkgosides) (root)	50 mg*
Citrus Bioflavonoids (37% Bioflavonoids as Hesperidin)	25 mg*
Rutin	12.5 mg*
Bromelain (2000 GDU from pineapple)	25 mg*
Papain (140 MCU from Papaya)	12.5 mg*
Pepsin Enzymes (NF 1:10,000)	12.5 mg*
Lipase (3,400 USP units)	12.5 mg*
Amylase (20,000 USP units)	5 mg*
Chlorophyll (from green foods)	4 mg*
Amino Acids (from green foods)	175 mg*

*Daily Value not established

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silica.

Contains no yeast, soy, milk, corn or preservatives.

KEEP BOTTLE TIGHTLY SEALED

Manufactured by
NOW FOODS, BLOOMINGDALE, IL 60108
Visit us at www.nowfoods.com