

Natrol® Omega-3 Fish Oil includes natural lemon oil for a great tasting lemon flavor. When taken regularly, Omega-3 fish oil helps promote heart health.[†]

Natrol® Omega-3 Fish Oil is molecularly distilled to remove pesticides, PCBs and heavy metals.

NO Yeast, Wheat, Corn, Milk, Egg, Glutens, Artificial Colors or Flavors, Added Sugar or Starch

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs, or are pregnant or lactating. People with allergies to fish should consult their healthcare professional before taking this product.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 4040.9119-10042

LOT/EXP:



NATROL

Omega-3 Fish Oil

1000mg

- Supports Heart, Eye and Bone Health[†]
- Contains Fish Oil Distilled For Purity
- Lemon Flavor

150 Softgels
**Dietary
Supplement**



Directions: Take 1 softgel, two times daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		%DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Polyunsaturated Fat	0.5 g	**
Monounsaturated Fat	0 g	**
Cholesterol	10 mg	3%*
Omega-3 Fish Oil (anchovy, cod, mackerel, sardine)	1,000 mg	**
EPA (Eicosapentaenoic Acid)	180 mg	188%***
DHA (Docosahexaenoic Acid)	120 mg	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

***Combined daily value for EPA & DHA.

Other Ingredients: Gelatin, Glycerin, Water, Mixed Natural Tocopherols (as preservative), Natural Lemon Oil.

Manufactured for NATROL, Inc.
Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765)
www.natrol.com