

SUGGESTED USAGE: As a dietary supplement, take one softgel 1 to 2 times daily.

Tocotrienols and tocopherols are potent antioxidants that are 100% natural. We have combined these nutrients with rice bran oil, d-alpha vitamin E and yeast-free Selenium. The result is a synergistic combination of nutritional antioxidants that can form the basis for a healthy nutritional program.

Dr. Balch is a medical doctor and co-author of the popular book "Prescription for Nutritional Healing."

Natural separation of oils may occur in this product.

now[®]



Dr. James F. Balch, Jr.TM

TOCOTRIENOLS & E COMPLEX

Natural Rice Bran Oil
& Selenium
60 Softgels

DR. RECOMMENDED

A Dietary Supplement

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%Daily Value
Vitamin E (as d-alpha tocopherol)	230 IU	765%
Selenium (as Selenomethionine)	70 mcg	100%
Mixed Tocotrienols (Rice Bran)	150 mg	†
Alpha Tocotrienol	2 mg	†
GammaTocotrienol	23 mg	†
Mixed Tocopherols (Vitamin E)		
Beta Tocopherol	17 mg - 7 IU	†
Gamma Tocopherol	15mg - 2.9 IU	†
Delta Tocopherol	12 mg - 0.2 IU	†

†Daily Value not established

Other Ingredients: Rice Bran Oil, Beeswax, Gelatin, Glycerin, Water and Carob.

Contains no sugar, salt, yeast, wheat, gluten, corn, milk or preservatives.

Caution Please discard the inedible freshness packet enclosed.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Visit us at www.nowfoods.com

