



Nature's Plus®
The Energy Supplements®

**CHEWABLE
HEART-SHAPED
LOVE BITES®**
Multi-Vitamin & Mineral
Supplement For Children

**GLUTEN
Free**

90 Tablets



Vegetarian  **Hypo-Allergenic**

**Nutritional Support for Natural Energy Production
and Overall Well-Being.***

Free from artificial colors, preservatives, yeast, wheat, soy, milk, gluten and rye.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement for children, one heart-shaped tablet daily.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Supplement Facts

Serving Size 1 Chewable Tablet

Amount Per Serving		%DV for Children Under 4 Years of Age	%DV for Adults and Children 4 or More Years of Age
Calories	5		
Total Carbohydrate	1 g	†	<1% **
Sugars	1 g	†	†
Vitamin A (as beta carotene)	5000 IU	200%	100%
Vitamin C (as ascorbic acid)	75 mg	188%	125%
Vitamin D (as ergocalciferol)	400 IU	100%	100%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	300%	100%
Thiamin (vitamin B-1) (as thiamine HCl)	5 mg	714%	333%
Riboflavin (vitamin B-2)	5 mg	625%	294%
Niacin (as niacinamide)	10 mg	111%	50%
Vitamin B-6 (as pyridoxine HCl)	5 mg	714%	250%
Folate (as folic acid)	10 mcg	5%	3%
Vitamin B-12 (as cyanocobalamin)	10 mcg	333%	167%
Biotin	50 mcg	33%	17%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%	100%
Calcium (as gluconate)	20 mg	3%	2%
Iron (as gluconate)	10 mg	100%	56%
Iodine (from kelp)	100 mcg	143%	67%
Magnesium (as gluconate)	10 mg	5%	3%
Zinc (as gluconate)	3 mg	38%	20%
Manganese (as gluconate)	2 mg	†	100%
Potassium (as gluconate)	4 mg	†	<1%
Choline (as bitartrate)	2 mg	†	†
Inositol	2 mg	†	†
PABA (para-aminobenzoic acid)	0.6 mg	†	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Fructose, acacia gum, di-calcium phosphate, stearic acid, microcrystalline cellulose, silica, freeze-dried pineapple fruit, freeze-dried orange fruit, tangerine fruit and rose hips (*Rosa canina* fruit).

PRODUCT NO. 2994



LBL. 1125051

Manufactured with LOVE  for **NATURE'S PLUS**
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Div. of Natural Organics, Inc.

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