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Visit us at www.nowfoods.com

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

**CAUTION: PLEASE DISCARD THE INEDIBLE FRESHNESS
PACKET ENCLOSED.**

Certified Organic by Quality Assurance International.

Organically grown and processed in accordance with the
California Organic Foods Act of 1990.

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Spirulina is a single-celled fresh water algae and an incredible
source of nutrients. It provides generous amounts of Beta-
Carotene, Vitamin B12, Iron and Chlorophyll. Spirulina also pro-
vides RNA, DNA and important GLA fatty acids.

SUGGESTED USAGE: As a dietary supplement, take 6
tablets daily.

Certified Organic Spirulina 500 mg Grown in Hawaii 500 Tablets



A Dietary Supplement Vegetarian Formula

Supplement Facts

Serving Size 6 Tablets (3 g)
Servings Per Container 83

	Amount Per Serving	% Daily Value
	10	
Calories	27 mg	1%*
Sodium	0.5 g	<1%*
Total Carbohydrate	2.0 g	4%*
Protein	6900 IU	135%
Vitamin A (100% as Beta-Carotene)	105 mcg	7%
Thiamine (Vitamin B-1)	120 mcg	7%
Riboflavin (Vitamin B-2)	6 mcg	100%
Vitamin B-12	21 mcg	2%
Calcium	3 mg	17%
Iron	3 g (3,000 mg)	↑
Spirulina	30 mg	↑
Gamma Linolenic Acid (GLA)	30 mg	↑
Chlorophyll		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Silica and Magnesium Stearate (vegetable source).
Vegetarian Formula
Contains no yeast, wheat, gluten, corn, soy, milk, sugar or preservatives.