



CODE 2676

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Natural color variations may occur in this product.

SUGGESTED USAGE: As a dietary supplement, take 1/4 level teaspoon 1 to 3 times daily, preferably with meals.
Kelp is a large, leafy brown algae that belongs to the seaweed family and grows in the colder waters of the world's oceans. It is a good source of marine minerals, including potassium, magnesium, calcium and iron. It is also an excellent source of iodine, which has been shown to support healthy thyroid function. Your thyroid gland is responsible for producing the hormones that support normal cellular metabolism. As with most green foods, kelp also contains vitamins and cell salts essential for good nutrition.*

Net Wt. 8 oz. (227g)
A Dietary Supplement

Kelp Powder

100% Pure
Source of
Natural Iodine



This seal certifies that the manufacturer of this product uses quality systems and procedures that comply with NNFA's Dietary Supplement GMP standards. The quality of individual ingredients, however, has not been certified.

Supplement Facts

Serving Size 1/4 Teaspoon (485 mg)

Servings per container 468

	Amount Per Serving	%Daily Value
Sodium	15 mg	<1%
Iodine	485 mcg	323%
Potassium	10 mg	<1%
Kelp (<i>Ascophyllum nodosum</i>)	485 mg	†

†Daily Value not established.

Other Ingredients: none

Entire contents derived from natural marine sources.

Contains no starch, sugar, yeast, wheat, gluten, corn, egg, soy, milk, preservatives, chemical additives or artificial colors. 100% Natural.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60010
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