

ACTUAL
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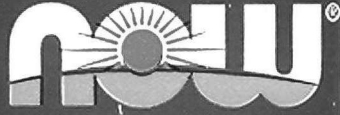
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Made in the U.S.A.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

SUGGESTED USAGE: As a dietary supplement, take 3 tablets 3 times daily, preferably between meals.

Alfalfa is a green superfood that is rich in vitamins, minerals and chlorophyll. It is an excellent source of balanced nutritional content and has been used for many centuries. The ancient Arabs used Alfalfa as a feed for their horses, claiming that it made their horses faster and stronger. After using Alfalfa grass themselves, they became so convinced of its health benefits that they named it "Alfalfa", which in Arabic means "Father of All Foods". Look for other fine NOW® products in health food stores nationwide.



Alfalfa

650 mg
10 grain

250 Tablets

A Dietary Supplement Vegetarian Formula



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 83

	Amount Per Serving	% Daily Value*
Calories	5	
Vitamin A (100% as Beta Carotene)	30 IU	< 1%
Vitamin C (as Ascorbic Acid)	4 mg	7%
Vitamin K (as Phylloquinone)	554 mcg	693%
Calcium	20 mg	2%
Iron	660 mcg	4%
Manganese	108 mcg	5%
Potassium	42 mg	1%
Alfalfa	1.95 g (1,950 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Croscarmellose Sodium and Silica. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives. Vegetarian Formula.