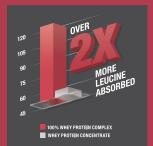
MARKED™ provides the ultimate in performance nutrition for anyone who wants to achieve their health and fitness goals. Using only the highest quality ingredients and latest scientific research, the industry's top nutritional experts have developed the most innovative products designed to deliver optimal performance and results you can see and feel.

100% WHEY PROTEIN COMPLEX is the ideal foundation of any nutritional program for optimal athletic performance,

A product's muscle-building power is based on the total grams of nitrogen in the product. This formula includes additional aminos and ingredients to deliver more nitrogen to your muscles. During intense training and competition, your need for nitrogen increases, and therefore you must consume enough nitrogen to maximize function, growth, performance and recovery,\*

- Anabolic Blend More effective than regular protein, this formula delivers the nitrogen power of 23g in a powerful whey + leucine blend to preserve glycogen stores, promote protein synthesis, and help build muscle and strength, 1\*
- Recovery Blend 4g blend includes glutamine and additional aminos to fuel muscle recovery during and after hard workout sessions.\*
- Absorption Enhancement Blend Includes PEG and digestive enzymes with advanced technology to enhance nitrogen absorption for faster uptake of nutrients into the body.\*



In a randomized, double-blind, controlled cross-over study of 16 healthy male volunteers, subjects experienced significantly higher maximum concentrations of Total Ámino Acids, Branched Chain Amino Acids and Leucine one hour post-ingestion of two servings of the protein blend in MARKED™ 100% Whey Protein Complex relative to amino acid concentrations measured post-ingestion of whey protein concentrate. Significant differences for the Rate of Change of BCAA and leucine absorption were also observed relative to the control group.

"Much of my success can be attributed to my dedication and hard work. I push myself to be the best, from acting to staying in my best shape possible. I'm committed to living a healthy and productive life and helping the people around me do the same. But even for me, finding trusted sports nutrition products was confusing, so I combined what I learned and what I was taking, and teamed up with leading experts to develop MARKED.™ This line is a game changer with amazing formulas people can trust." MARK WAHLBERG

A portion of the sales of MARKED™ will benefit the MARK WAHLBERG YOUTH FOUNDATION

† When used in conjunction with a resistance training program.

\* These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.

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SCIENCE-BASED PERFORMANCE NUTRITION

## **100% WHEY** PROTEIN COMPLEX

- Proven protein blend fuels muscles fast and delivers 234% more leucine<sup>^</sup> for improved strenath†\*
- Fast-absorbing formula maximizes recovery and performance superior to regular whever
- Explosive nitrogen complex delivers the power of 23g of protein, ideal pre-workout and post-workout\*

DIETARY SUPPLEMENT 32 oz (2 lbs) 909 g

**GOURMET** 

ARTIFICIAL FLAVORS

**VANILLA** 

NATURAL &



Directions for Use: As a dietary supplement, add one level scoop (36.5 g) to 7-8 oz cold water, milk or your favorite beverage and blend well. Perfect drink for pre-workout or post-workout. For maximum results, take twice daily on training and non-training days.

### Supplement Facts

Serving Size One Level Scoop (36.5 g) Servings Per Container 24

Amount Per Serving	% Daily Value†	
Calories	130	
Calories from Fat	20	
Total Fat	2 g	3%†
Saturated Fat	1 g	5%†
Cholesterol	70 mg	23%
Total Carbohydrate	8 g	3%†
Dietary Fiber	3 g	12%†
Sugars	2 g	*
Protein	20 g	
Calcium	90 mg	9%
Sodium	250 mg	10%
Potassium	200 mg	6%
Anabolic Blend	5.25 g	*

Leucine (as Micronized L-Leucine, Micronized Whey Protein Concentrate,

Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Pentides), Betaine (as Betaine Anhydrous)

Recovery Blend Glutamine (as Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate and Hydrolyzed Whey Pentides). Arginine (as Micronized Whey Protein Concentrate, Whey Protein

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Concentrate. Whey Protein Isolate and Hydrolyzed Whey Peptides) Absorption Enhancement Blend

PEG (Polyethylene Glycol), BioCore Edge™ Blend (Protease [from Asperaillus orvzae, Asperaillus niger, Asperaillus melleus] and Peptidase [from Aspergillus oryzae])

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Micronized Whey Protein Concentrate, Whey Protein Concentrate, Whey Protein Isolate, Hydrolyzed Whey Peptides), Natural and Artificial Flavors, Sunfiber® Partially Hydrolyzed Guar Gum, Polydextrose, Lecithin, Salt, Titanium Dioxide, Potassium Chloride, Acesulfame Potassium, Sucralose,

#### CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

LGC Labs Tested & Certified Product.

BioCore Edge™ is a trademark of National Enzyme Company, Sunfiber® is a registered trademark of Taiyo International, Inc. Use of Sunfiber® is protected by US Trademark Registration NO 2.930.937

#### ENG Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Methionine	440 mg
Arginine	500 mg	Phenylalanine	640 mg
Aspartate	2200 mg	Proline	1200 mg
Cystine	400 mg	Serine	1000 mg
Glutamate	3600 mg	Threonine	1400 mg
Glycine	360 mg	Tryptophan	300 mg
Histidine	360 mg	Tyrosine	600 mg
Isoleucine*	1200 mg	Valine+	1000 mg
Leucine**	4500 mg	Total	22500 mg
Lysine	1900 mg		

dicates Branched Chain Amino Acids (BCAA). Denotes naturally occurring and added free form amino acids

#### Stack with the following MARKED™ products:

- Maximum Nutrition Daily Pack
- Pre-Workout laniter
- Protein Bar or Shake



INFORMED Substances by HFL Sport Science, a world-class anti-doping substances by HFL Sport Science, a world-class anti-doping substances on the 2012 World Anti-Doping Agency (WADA) Prohibited List www.INFORMED-CHOICE.ORG via HFL skip lot testing protocol #ICP0307



#### SCAN & **LEARN MORE**

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-866-214-2469

#### WWW.MARKEDNUTRITION.COM

Manufactured for: **Nutra Manufacturing** Greenville, SC 29607

