ACTUAL SIZE

CODE 1440 V1

SUGGESTED USAGE: As a dietary supplement, take one tablet daily, preferably with meals.

Caution: Persons with diagnosed iron-deficiency anemia should consult their physician regarding higher intake of iron supplements.

We utilize the superior Albion Labs patented Ferrochel™ Iron Chelate which research has demonstrated to be highly absorbed, well tolerated and non-constipating at recommended levels.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Natural color variations may occur in this product.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Made in the U.S.A.
Visit us at www.nowfoods.com

NOW®

Non-Constipating

Iron Complex

with Vitamins and Herbs

GMP

100 Tablets

A Dietary Supplement
Vegetarian Formula

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	50 mg	83%
Folate	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Iron (as 158 mg Ferrochel™ Iron Bisglycinate)	27 mg	150%
Dong Quai (*Angelica sinensis*) (Root)	100 mg	†
Bee Pollen, Herbs, Nutrient Yeast	100 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (Vegetable source), Croscarmellose, Calcium Silicate, Magnesium Stearate (Vegetable source), Silica.
Contains no sugar, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

Vegetarian Formula.