

Biotin is an important B-vitamin that provides dietary support for healthy hair and nails as well as energy production. By supporting the matrix of hair and nails, Biotin promotes shiny, lustrous hair and strong, resilient nails.[†]

100% Vegetarian.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 5239 F: 3000469 L: 2004671-8108



NATROL[®]

Biotin

1000 mcg

- Promotes Healthy Hair and Strong Nails[†]
 - Supports Cellular Energy Production[†]
 - Easy-to-Swallow
- 100 TABLETS**
DIETARY SUPPLEMENT



Directions: Take 1 tablet, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		%DV*
Biotin	1,000 mcg	333%
Calcium	46 mg	5%
(from Dibasic Calcium Phosphate)		

*Daily Value (DV)

Other Ingredients: Cellulose, Stearic Acid, Silica, Magnesium Stearate, Methylcellulose, Cellulose Gum, Glycerin.

Manufactured by NATROL, Inc.
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www.natrol.com

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: