

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%Daily Value
Magnesium	150 mg	38%
(from 1000mg Magnesium Malate)		

Other ingredients: Calcium Carbonate, Cellulose, Croscarmellose

Sodium, Stearic Acid, Magnesium Stearate and Silica.

Contains no sugar, salt, starch, corn, soy, wheat, gluten, milk or preservatives.

Magnesium Malate is a fully reacted mineral supplement. It contains a minimum of 60% Malic Acid.



Magnesium Malate

1000 mg

150 mg Elemental Magnesium

180 Tablets

A Dietary Supplement



CODE 1300



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Manufactured by NOW FOODS, BLOOMINGDALE, IL 600108

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 3 times daily, preferably with meals.
Magnesium is an essential mineral which is involved in energy and carbohydrate metabolism. Look to NOW® for a full spectrum of essential minerals at your local health food store.