

Alpha Lipoic Acid (ALA) is a powerful antioxidant that helps protect the body from oxidative damage related to aging and exercise. ALA supplementation can also support glucose uptake by the body's cells.[†]

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 4472 F: 3001660 L: 2003001-7218

LOT/EXP:



**Powerful
Antioxidant[†]**

NATROL[®]

Alpha Lipoic Acid

600 mg

- *Supports Energy Metabolism[†]*
- *Promotes Cellular Health[†]*
- *Convenient One Capsule Serving*

**Double
Strength**

**DIETARY SUPPLEMENT
30 CAPSULES**

Directions: Take 1 capsule daily with a meal.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Alpha Lipoic Acid	600 mg*
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*Daily Value not established.

Other Ingredients: Gelatin, Water, Magnesium Stearate, Silica.

**Manufactured by NATROL, INC.,
Chatsworth, CA 91311
USA • 1 800 2-NATROL (800 262-8765)**

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www.natrol.com

NO Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives