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Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Now Calcium & Magnesium Softgels include Vitamin D and Zinc and offer a truly balanced and synergistic blend of essential minerals. This formula supports strong bones and teeth, healthy enzymatic activity, and provides antioxidant support.* Delivered via softgel, this formula is more easily absorbed and assimilated than capsules or tablets. Look for this and other fine NOW® products in health food stores nationwide.

SUGGESTED USAGE: As a dietary supplement, take three softgels daily, preferably with meals.

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Calcium & Magnesium

Softgel

with Vitamin D
and Zinc

120 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 3 Softgels
Servings Per Container 40

	Amount Per Serving	%Daily Value
Vitamin D (as Cholecalciferol)	200 IU	50%
Calcium (from Calcium Carbonate & Citrate)	1 g (1,000 mg)	100%
Magnesium (from Magnesium Oxide & Citrate)	500 mg	125%
Zinc (from Zinc Oxide)	10 mg	67%

Other Ingredients: Rice Bran Oil, Gelatin, Glycerin, Water, Yellow Beeswax and Lecithin.

Contains no sugar, salt, starch, corn, gluten, wheat or milk.