

CODE 1265

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Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

are a few of our popular powders.

NOW® provides a complete line of vitamin and mineral formulas plus unique, 100% pure powders. Calcium carbonate, calcium citrate, magnesium oxide and potassium gluconate

naturally occurring in the U.S.

SUGGESTED USAGE: As a dietary supplement, take four capsules daily, preferably with separate meals.

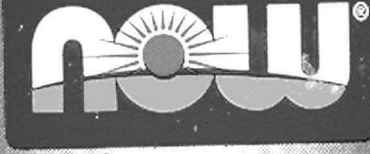
Cal-Mag Caps are fast dissolving compared to many tableted mineral formulas. Our unique formula has an excellent blend of mineral sources in only four capsules. This combination also contains trace mineral concentrates that are

Cal-Mag Caps

with Trace Minerals
and Vitamin D

120 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules
Servings per container 30

	Amount Per Serving	%Daily Value
Vitamin D (as Cholecalciferol)	200 IU	50%
Calcium (from 80% Carbonate, 10% Citrate, 10% Malate)	1 g (1000 mg)	100%
Magnesium (from 80% Mag. Oxide, 10% Citrate, 10% Malate)	500 mg	125%
Zinc (as L-Opti-Zinc® monomethionine)*	15 mg	100%
Copper (as Amino Acid Chelate)	1 mg	50%
Manganese (as Amino Acid Chelate)	5 mg	250%
Boron (as Amino Acid Chelate)	3 mg	†
Trace Mineral Concentrate	100 mg	†

†Daily Value not established

Other Ingredients: Magnesium Stearate and Cellulose.

Contains no yeast, wheat, gluten, corn, soy, sugar, sodium, egg or milk.

Opti-Zinc

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