

CODE 0902

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*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take one softgel daily, preferably with meals.

Vitamin E is a major antioxidant and the primary defense against lipid peroxidation. It is particularly important in protecting the body's cells from free radical/oxidative damage. These protective benefits are achievable with supplemental intakes higher than what is normally consumed in the average diet.*



E-1000

100 Softgels

A Dietary Supplement

100% Natural Mixed Tocopherols



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from fat	5	<1%*
Vitamin E	1000 IU	3330%
(As unesterified d-alpha tocopherol plus mixed tocopherols: d-beta, d-delta and d-gamma tocopherol)		
*Percent Daily Values are based on a 2,000 calorie diet.		

Other ingredients: Soybean Oil Concentrate, Gelatin, Glycerin and Water.

Contains no wheat, corn, milk, sugar, yeast or gluten.

NOW® Vitamin E is guaranteed 100% natural derived from natural vegetable oil sources.

Caution: Please discard the inedible freshness packet enclosed.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108
Visit us at www.nowfoods.com