

This seal certifies that the manufacturer of this product uses quality systems and procedures that comply with NNEA's Dietary Supplement GMP standards. The quality of individual ingredients, however, has not been certified.

Supplement Facts

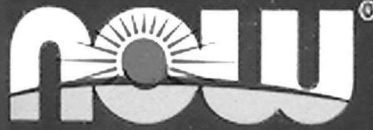
Serving Size 1 Capsule

	Amount Per Serving	%Daily Value
Niacin (as Niacinamide) (Vitamin B-3)	500 mg.	2500%

Other ingredients: Gelatin (capsule).

Niacinamide and Niacin are two different forms of vitamin B-3. Niacinamide does not cause a Niacin flush. Niacinamide (B-3) is an essential member of the B-vitamin family.

Contains no yeast, wheat, gluten, corn, soy, milk, sugar, salt, colors or preservatives.



Niacinamide

Vitamin B-3

500 mg

100 Capsules

A Dietary Supplement



CODE 0478



Visit us at www.nowfoods.com

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

SUGGESTED USAGE: As a dietary supplement, take one capsule daily, preferably with meals.
Niacinamide (Vitamin B-3) is an essential member of the B-vitamin family that must be obtained from the diet. It is the precursor to Niacin, but does not cause the "flush" normally associated with Niacin intake. Niacinamide is a water-soluble vitamin. Look for this and other fine NOW® products in health food stores nationwide.