

**Nutritional Support for  
Natural Energy Production.\***

Nature's Plus LIQUID B-COMPLEX with IRON is a delicious liquid formulation, providing fast, efficient absorption and utilization.

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

**DIRECTIONS:** As a dietary supplement, one tablespoon daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

PRODUCT NO. 1500



Vegetarian  Hypo-Allergenic

**Nature's Plus®**  
The Energy Supplements®

**Dietary Supplement**

*Liquid* **B**  
**COMPLEX with**  
**IRON**

8 fl. oz. (236 ml)



**Supplement Facts**

Serving Size 1 Tablespoon (15 ml)

Servings Per Container About 16

	Amount Per Serving	%DV
Calories	40	
Total Carbohydrate	9 g ...	3%**
Sugars	5 g	...
Thiamin (as thiamine HCl)	20 mg	1333%
Riboflavin (vitamin B-2)	15 mg	882%
Niacin (as niacinamide)	50 mg	250%
Vitamin B-6 (as pyridoxine HCl)	25 mg	1250%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	25 mcg	8%
Pantothenic Acid (as panthenol)	50 mg	500%
Iron (as gluconate)	50 mg	278%
Inositol	50 mg	...
Choline (as bitartrate)	21 mg	...

†Daily Value (DV) not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Water, honey, blackstrap molasses, ginseng, beet root, fo-ti (*Polygonum multiflorum*) and gotu kola (*Centella asiatica* root).

Manufactured with LOVE ♥ for **NATURE'S PLUS**

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