

**Nutritional Support for a
Healthy Digestive Tract and
Overall Well-Being.***

Free from artificial colors and preservatives.
Free from the common allergens yeast,
wheat, soy and milk.

DIRECTIONS: Adults only, take one teaspoon
two to four times per day, mixed or blended
with 8 oz. of water or juice. For best results and
palatability, blend in cold apple juice for ten sec-
onds. Not to be used by children under 12
unless directed by a physician.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

***This statement has not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.**

Lactospore® is a registered trademark of Sabinsa Corp.

PRODUCT NO. 1139



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Nature's Plus® The Energy Supplements®

NATURE CLEANSE® PURIFIBER®

INTERNAL CLEANSING FIBER SUPPLEMENT

Fiber Foods, Probiotics & Enzymes

*Supercharged with
Chitosan*

NATURAL CINNAMON

NET WT. 10.5 OZ. (300g)

Supplement Facts

Serving Size 1 Teaspoon (3.75 g)

Servings Per Container 80

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1% **
Dietary Fiber	0.5 g	2% **

Fiber Complex (a proprietary blend of
fiber-rich concentrates – Psyllium

[*Plantago ovata* husk], Apple Pectin
[*Malus sylvestris*], Butcher's Broom
[*Ruscus aculeatus* rhizome], Bentonite,
Modified Citrus Pectin, Cellulose, Rice Fiber
[*Oryza sativa*], Slippery Elm [*Ulmus rubra*
bark], Oat Bran [*Avena sativa*], Beet Juice
and Fiber [*Beta vulgaris*], Prune Fiber
[*Prunus domestica*])

Chitosan (from crab and shrimp shells) 50 mg †

FOS (fructooligosaccharides [from chicory
root] [lactic flora growth accelerant]) 50 mg †

Lipase (fat-digesting enzyme) 50 mg †

Lactospore® (microencapsulated pure
culture of *B. coagulans*) (provides
1 million viable cells‡) 1.7 mg †

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

‡At time of manufacture.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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