## Sublime Whey™ NRG Points:

- 22 Grams of Ultra-Pure Certified Hormone Free Whey Protein Concentrate
- 100% Gluten, Casein and Aspartame free
- Infused with Inulin, Sunflower Oil & Fiber
- Keeps you full longer with Inulin One scoop fills you up like a meal without all the added
- Mixes instantly with a spoon no clumps
- Rich and creamy milkshake taste no protein aftertaste!!

University studies show that an active adult should get their body weight in protein grams so the average male weighing 185 pounds should be getting 185 grams or more of protein a day... think about it, it's nearly impossible to get that much protein from the foods we eat on a daily basis due to our hectic lifestyles. However, now that you use Sublime Whey™. you can add 2-3 Sublime Protein Shakes a day and get a quick, easy and VERY tasty extra 60+ grams of ultra-high quality whey protein to your diet.\* (Try our Sublime Sludge or the hocolate Peanut-Butter Sublime Brownie recipes for an amazing diet approved treat; see below for details!)

Did you know that Sublime Whey™ is produced from grass fed, healthy New Zealand cows

(no hormones) sourced from local dairy farms; this means you're safe from exposure to rBGH (Recombinant Bovine Growth Hormone). Many nutrition and weight loss dairy powders on the market are made from ingredients originally produced overseas. In other countries laws allow cows to be injected with rBGH. rBGH stimulates greater production of milk and causes suffering for millions of cows by making them sick. It's not a legal requirement for hormone tainted protein powders to identify this - nice to know your Sublime Whey™ is 100% pure, safe and certified hormone free!!\*

Since Sublime Whey™ is Gluten, Casein and Aspartame free as well as certified hormone free

its perfect for busy parents looking for a tasty, quick and easy snack for their children before rushing out the door or add some frozen fruit and make a healthy smoothie for a fraction of the cost you'd pay at a retail store. Whey protein has been proven to aid in quicker weight loss for those on diets and is KEY for building strong muscles in the gym and is a must for proper recovery after your workouts. As you can see Sublime Whey™ truly is the perfect protein that's safe, effective and very tasty... it's, well in a word, Sublime! Enjoy!!\*

Yummy & Guiltless Sublime Whey™ Recipes - Team Gorman Diet Approved!!

### Need a quick fix for a sweet tooth while dieting... try Sublime Sludge!!

- . Put T scoop of Sublime Whey in a bowl
- 3. Add just enough water to make the consistency like
- 4. If your diet allows you can add some fruit chunks 5. Put the Sublime Sludge in the freezer for 20-30 minutes
- or until it sets up; almost like ice cream
- ake it out of the freezer and ENJOY your Sublime Sludge t's a great snack when you need something sweet and COLD but you don't want to break your diet!!

# Sublime Whey™ Protein Peanut Butter

- 1. Just mix 1 Scoop Sublime Whey™ Protein
- 3. Peanut Butter (however much your diet allows)
- 4. A small amount of water.
- 6. Pop it in the microwave for about 45 sec (don't

cook it too long or it will get dry).

Enjoy your Sublime Whey™ PB Brownie - the

2.7! LBS. (1232) GRAMS

DIETARY SUPPLEMENT

FORTIFIED WITH INULIN

COMPLETE PROTEIN DESIGNED FOR EVERYONE

FORTIFIED WITH INULIN & SUNFLOWER OIL



HORMONE FREE WHEY



GREAT RICH TASTE

ADDED DIGESTIVE ENZYMES

BOOSTED BCAA PROFILE

# SUPPLEMENT FACTS

Serving Size: 41 grams (1 scoop) Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	129	6%
Calories From Fat	15	
Total Fat	1.5g	2%
Saturated Fat	<1g	2%
Trans Fat	0g	3.€5
Cholesterol	27mg	9%
Calcium	106mg	11%
Sodium	53mg	2%
Potassium	153mg	4%
Total Carbohydrates	6.7g	2%
Dietary Fiber	1g	4%
Sugars	0g	*
Protein	22g	43%

Concentrate beta-lactoglobulin alphalactalbumin serum albur and immunoglobulins), Fructose, Glucose polymers (DE 10), Chico derived inulin (bone density promoter), sunflower oil (high linole acid) potassium chloride. Natural and artificial chocolate flavor, lacta protease, sucralose, Natural Mint Flavoring

 Daily Values based on a 2,000 Calorie Diet Daily Values not established

Warning: Keep out of reach of children. Consult your healthcare professional before using this or any other product. Do not use as a sole source of nutrition for weight loss or maintenance. Use this product as a dietary supplement only. This product contains milk. This product was made in a facility that also processes egg, soy, peanut, tree nut, fish, crustaceans.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or preven

### SUGGESTED USE

SPOON Mixing: Sublime Whey™ protein mixes instantly. Just simply add 1-2 scoops to a glass filled with 8-12 oz of water, nonfat milk or your favorite everage. Then mix it up with a spoon. Stir for about to seconds or until powder is completely dissolved.

## AMINO ACID PROFILE

	per serving	
0	L-ALANINE	1135 MG
	L-ARGININE	500 MG
	L-ASPARTIC ACID	2372 MG
$\dashv$	L-CYSTEINE	589 MG
	L-GLUTAMIC ACID	4215 MG
	L-GLYCINE	410 MG
111	L-HISTIDINE	342 MG
	L-SERINE	1155 MG
	L-TYROSINE	604 MG
	L-PROLINE	971 MG
15	L-LEUCINE	2383 MG
	L-ISOLEUCINE	1374 MG
	L-VALINE	1353 MG
	L-LYSINE	2112 MG
in	L-METHIONINE	409 MG
n,	L-PHENYLALANINE	679 MG
ry ic	L-THREONINE	1643 MG
ic e,	L-TRYPTOPHAN	408 MG
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MADE IN THE U.S.





