

Best Stabilized R-Lipoic Acid contains BioEnhanced™ Na-RALA, the sodium salt of R-Lipoic acid (RLA). Unlike pure RLA, BioEnhanced™ Na-RALA is a stabilized form of RLA that won't degrade at high temperatures, is more bioavailable than regular RLA and has no solvent residues.

Lipoic acid (LA) plays an important role in glucose metabolism and energy production. Because it is soluble in both water and fat, LA is known as the "universal antioxidant." LA occurs in two forms, designated as "R" and "S." Studies suggest that RLA, the natural form, is more biologically active than the S form.

Note: The RLA in this product is stabilized with Na (sodium). However, one serving of this product contains less than 1% of the Daily Value for sodium, an insignificant contribution to dietary sources. Research suggests that sodium may impact blood pressure in some individuals only when it is consumed as sodium chloride (NaCl, table salt) and not in other forms. The sodium in this product is unlikely to affect blood pressure levels.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Distributed by **Doctor's Best, Inc.**
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Doctor's
BEST®

**Science-Based
Nutrition™**

*Dietary
Supplement*



Featuring
**BioEnhanced™
Na-RALA**

**Best Stabilized
R-Lipoic Acid**

DEFENDS AGAINST FREE RADICALS*
RECYCLES THE ANTIOXIDANT VITAMINS C & E*
MAINTAINS A HEALTHY BLOOD SUGAR LEVEL AS PART OF THE DIET*

100 mg / 60 Veggie Caps

Supplement Facts

Serving Size 1 capsule

Servings per container 60 servings

Amount per serving % Daily Value**		
D-Biotin	150 mcg	50%
R-Lipoic acid	100 mg	†
(from 143mg Sodium R-alpha Lipoate (BioEnhanced™Na-RALA))		

** % Daily Values are based on a 2,000 calorie diet
† Daily Value not established.

Other ingredients: Modified cellulose (vegetarian capsule), rice powder, microcrystalline cellulose, sodium bicarbonate, magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 1 - 2 capsules daily, or as directed by a nutritionally informed physician.

Suitable for Vegetarians
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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