lime Whey™ NRG Points:

- 22 Grams of Ultra-Pure Certified Hormone Free Whey Protein Concentrate
- 100% Gluten, Casein and Aspartame free
- Infused with Inulin, Sunflower Oil & Fiber
- Keeps you full longer with Inulin One scoop fills you up like a meal without all the added
- Mixes instantly with a spoon no clumps
- Rich and creamy milkshake taste no protein aftertaste!!

niversity studies show that an active adult should get their body weight in protein gran

so the average male weighing 185 pounds should be getting 185 grams or more of protein a day... think about it, it's nearly impossible to get that much protein from the foods we eat on a daily basis due to our hectic lifestyles. However, now that you use Sublime Whey™ you can add 2-3 Sublime Protein Shakes a day and get a quick, easy and VERY tasty extra 60+ grams of ultra-high quality whey protein to your diet.* (Try our Sublime Sludge or the colate Peanut-Butter Sublime Brownie recipes for an amazing diet approved treat; see below for details!)

Did you know that Sublime Whey™ is produced from grass fed, healthy New Zealand cows

(no hormones) sourced from local dairy farms; this means you're safe from exposure to rBGH (Recombinant Bovine Growth Hormone). Many nutrition and weight loss dairy powders on the market are made from ingredients originally produced overseas. In other countries laws allow cows to be injected with rBGH. rBGH stimulates greater production of milk and causes suffering for millions of cows by making them sick. It's not a legal requirement for hormone tainted protein powders to identify this - nice to know your Sublime Whey™ is 100% pure safe and certified hormone free!!*

ince Sublime Whey™ is Gluten, Casein and Aspartame free as well as certified hormone free

its perfect for busy parents looking for a tasty, quick and easy snack for their children before rushing out the door or add some frozen fruit and make a healthy smoothie for a fraction of the cost you'd pay at a retail store. Whey protein has been proven to aid in quicker weight loss for those on diets and is KEY for building strong muscles in the gym a<u>nd is a must for proper</u> recovery after your workouts. As you can see Sublime Whey" truly is the perfect protein that's safe, effective and very tasty... it's, well in a word, Sublime! Enjoy!!

Yummy & Guiltless Sublime Whey™ Recipes - Team Gorman Diet Approved!

Need a quick fix for a sweet tooth while dieting... try Sublime Sludge!!

- 1. Put 1 scoop of Sublime Whey in a bowl
- 2. Add 1 TBS of all natural peanut or almond butter
- 5. Put the Sublime Sludge in the freezer for 20:30 minutes
- or until it sets up; almost like ice cream
- ake it out of the freezer and ENJOY your Sublime Sludge it's a great snack when you need something sweet and COLD but you don't want to break your diet!!

Sublime Whey™ Protein Peanut Butter

- 1. Just mix 1 Scoop Sublime Whey* Protein
- 2. 1TB cocoa powder 4. A small amount of water.
- 3. Peanut Butter (however much your diet allows)
- 6. Pop it in the microwave for about 45 sec (don't cook it too long or it will get dry).

Enjoy your Sublime Whey™ PB Brownie - the

Yummy, quiltless bedtime treat

ADDED DIGESTIVE ENZYMES

2.18 LBS. (1024 GRAMS DIETARY SUPPLEMENT

BOOSTED BCAA PROFILE

FORTIFIED WITH INULIN & SUNFLOWER OIL

COMPLETE PROTEIN DESIGNED FOR EVÉRYONE











SUPPLEMENT FACTS

Serving Size: 41 grams (1 scoop) Servings Per Container: 30

	Amount Per Serving	%Daily Value*
Calories	115	6%
Calories From Fat	15	NE XIE
Total Fat	1.5g	2%
Saturated Fat	<1g	2%
Trans Fat	0g	*
Cholesterol	27mg	9%
Calcium	106mg	11%
Sodium	53mg	2%
Potassium	153g	4%
Total Carbohydrates	6.7g	2%
Dietary Fiber	1g	4%
Sugars	0g	*
Protein	22g	43%

Concentrate, beta-lactoglobulin alphalactalbumin, serum albumin, a immunoglobulins), Dutch Proccessed coca, Fructose, Glucose polymer (DE 10). Chicory derived inulin (bone density promoter), sunflower oil (high lingleic acid), potassium chloride. Natural and artificial flavor. actase, protease, and sucralose

* Daily Values based on a 2,000 Calorie Diet

Daily Values not established

Warning: Keep out of reach of children, Consult your healthcare professions before using this or any other product. Do not use as a sole source of nutritio for weight loss or maintenance. Use this product as a dietary supplement only This product contains milk. This product was made in a facility that also processes egg, soy, peanut, tree nut, fish, crustaceans.

†These statements have not been evaluated by the Food and Dru Administration. This product is not intended to diagnose, treat, cure or preve

SUGGESTED USE

SPOON Mixing: Sublime Whey™ protein mixes instantly. Just simply add 1-2 scoops to a glass filled with 8-12 oz of water, nonfat milk or your favorite everage. Then mix it up with a spoon. Stir for about 20 seconds or until powder is completely dissolved

AMINO ACID PROFILE

	L-ALANINE	1135	MGS
	L-ARGININE	500	MGS
	L-ASPARTIC ACID	2372	MGS
=	L-CYSTEINE	589	MGS
	L-GLUTAMIC ACID	4215	MGS
	L-GLYCINE	410	MGS
	L-HISTIDINE	342	MGS
	L-SERINE	1155	MGS
_	L-TYROSINE	604	MGS
	L-PROLINE	971	MGS
	L-LEUCINE	2383	MGS
	L-ISOLEUCINE	1374	MGS
\dashv	L-VALINE	1353	MGS
	L-LYSINE	2112	MGS
'n	L-METHIONINE	409	MGS
3	L-PHENYLALANINE	679	MGS
5	L-THREONINE	1643	MGS
r	L-TRYPTOPHAN	408	MGS

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MADE IN THE U.S.A





